

Study Guide

Chapter 9: Managing Problem Behaviors

Types of Behavioral Problems

- **Nonproblem**
 - Brief inattention
 - Small talk
 - 'woolgathering'

- **Minor problem**
 - Calling out
 - Leaving seat without permission
 - Doing unrelated work
 - Passing notes
 - Eating
 - Scattering trash
 - Talking excessively

- **Major problem**
 - Chronically off task student
 - Student who rarely completes assignments
 - Refusal to do work
 - Cheating
 - Vandalism

- **Escalating/Spreading Problem**
 - Repeated violation of classroom rules by numerous students
 - Unabated talking/socializing
 - Talking-back
 - Non-cooperation

Interventions

- **Minor interventions**
 - Get the activity moving
 - Redirect the behavior
 - Use proximity
 - Use non-verbal clues
 - Use group focus

- **Minor interventions** (continued)
 - Provide needed instruction
 - Issue a brief desist
 - Give the students a choice
 - Use an “I-message” (see pg. 177 in the book)

- **Moderate Interventions**
 - Withhold a privilege or desired activity
 - Isolate or remove the student
 - Assign detention
 - Use a fine or penalty
 - Use a school-based consequence

- **More extensive interventions**
 - Hold a conference with the parent or guardian
 - Design an individual contract with the student (see appendix A)
 - Use a check or demerit system
 - Use problem-solving
 - Use a 5-step intervention procedure (see pg. 184 in the book)
 - Use the “Think-Time” strategy (see pg. 186 in the book)
 - Use the Reality-Therapy Model (see pg. 187 in the book)
 - Use peer mediation

Special Problems

****These will most likely result in a referral to the Principal****

- Chronic avoidance of work
- Fighting
- Other aggressive behavior
- Bullying
- Disrespect, defiance, or hostility toward the teacher

Final reminder: Think and Act Positively!

Appendix A
Student Behavioral Contract

CHOOSE TO BE RESPONSIBLE

Name: _____

Date: _____

Rules we agreed on:

1. Speak politely to others.
2. Treat each other kindly.
3. Follow teacher requests.
4. Be prepared for class.
5. Make a good effort at your work and request help if you need it.
6. Obey all school rules.

Please answer the following questions:

1. What rule(s) did you violate? _____

2. What did you do that violated this rule? _____

3. What problem did this cause for you, your teacher, or classmates?

4. What plan can you develop that will help you be more responsible and follow this classroom rule? _____

5. How can the teacher or other students help you? _____

I, _____, will try my best to follow the plan I have written and to follow all other rules and procedures that we created to make the classroom a good place to learn.

Student signature

Teacher signature